

## Packing List for Walking/Hiking Tours

### On the Hike:

- Sunglasses
- Waterproof wind breaker or rain jacket
- Light weight jacket or vest
- Day pack/hip pack
- Waterproof hiking boots and hiking socks (gore-tex not necessary)
- 1 pair of light weight pants, the best are ones you can unzip at the knee
- 2-3 pair of walking/hiking shorts
- Walking sticks (we will provide one)
- 2-4 breathable shirts (quick-dry, cotton not recommended)

### Off the Hike:

- 2-4 evening outfits – our style is very casual and comfortable; jacket and tie not necessary
  - We occasionally have a more formal evening, feel free to bring something for that occasion

- 1-2 lightweight sweaters
- 2-3 pairs of shorts or slacks
- Intimate clothing/sleepwear
- Comfortable walking shoes for evenings in town

**Personal Supplies:**

- Passport and photocopies of your passport
- Wallet
- Airline ticket/e-ticket information
- Camera and camera charger
- Cell phone
- Electrical adapter and adapter plug
- Toiletries
- Prescriptions or other medications
- Bathing suit and sunscreen
- Cash for guide gratuity